

Spa and Gift Packages

“Designed to help you with your quest for that perfect balance in a busy life”

All gift packages include a complimentary beverage. Plan to come early or stay later and enjoy the hot tub, sauna, or steam room in the locker room area.

We can create a personalized spa package just for you when you try 4 or more services.

Body and Soul Combo 115.00

Enjoy a one day pass to the facilities. Includes a 1 hour personal training session with a certified personal trainer, steam room, sauna, whirlpool, lunch and a 1 hour massage.

Just For Men, 2 ½ hours 170.00

Men need pampering and relaxation also. Start with an express facial designed for your skin type, a ½ hour sports massage to relax tired muscles in the neck and back, and finally a manicure and express pedicure geared to shape the nails.

The Sunrise, 2 ½ hours 150.00

Rise and shine at American Hairlines Body & Soul. Begin your day with a relaxing Salt Glow Treatment, an anti-stress scalp treatment followed by a shampoo and style. A make up application completes your look for a great day.

Mother’s Day Every Day, 4 hours 215.00

Celebrate any day with a customized facial, manicure, pedicure, warm paraffin hand and foot treatment, shampoo and style. Lunch is included.

Champagne and Caviar Spa Celebration, 4 ½ hours 280.00

Spend your day enjoying champagne and caviar treatments. Start with a champagne and caviar manicure and pedicure soaking in the bubbly and enjoying the moisturization of caviar ampoules. Relax with a champagne oil massage. Luxuriate with our champagne facial and eyezone treatment. Enjoy lunch and a glass of champagne. Finally, a make up application completes your day.

Day of Fun..... 350.00

Begin your day of fun in our spa area by enjoying a facial, full body massage, and pedicure. Continue with lunch, a manicure, scalp treatment, shampoo, cut and style. Finish your day with a make up application. Upgrade to a LaStone massage for additional \$50.00.

Facials

Express Facial, ½ hour 70.00

Designed for clients who are “on the go” or just want to try a facial treatment. This mini-facial is perfect for any skin type and is great before a special event.

Back Facial, 1 hour 85.00

This deep cleansing treatment includes an enzyme exfoliation, steam, lymphatic massage, deep pore cleansing, and detoxifying mask. It is relaxing and therapeutic.

European Facial, 1 ½ hours..... 100.00

Deep pore cleansing for all skin types, including men. Removes impurities, toxins, and excess fluids through massage. Improves circulation and leaves skin healthy, radiant, smooth, and clear using exfoliation and masque. Can be customized by the esthetician based on your consultation for additional \$10.00.

SensiCalm Facial, 1 ½ hours 100.00

A European style facial designed for skin that is red, irritated, or sensitive to temperature changes or cosmetic products. Recommended for first time clients who are beginning skin care treatments.

Deep Cleansing Facial, 1 ½ hours 100.00

Moor Mud is used as an effective treatment for oily and acne conditions. This facial has antibiotic and detoxifying effects.

Seasonal Facial, 1 ½ hours 100.00

Enjoy our seasonal mango, cherry, chocolate, or pumpkin treatments. These natural enzymes exfoliate the skin to produce beautiful, radiant skin any time. Can be used on any skin type.

C-Plus Energy for Men, 1 ½ hours 100.00

The latest skin care treatment for men. Utilizes trace element technology and Vitamin C. Also includes Birch sap and Olive Leaf extract which produces a smoother, cleaner, and younger appearance.

Champagne Facial, 1 ½ hours..... 105.00

This luxurious treatment combines the hydrating, exfoliating, and anti-oxidant properties of the Champagne oil and grapes. The mask removes dead skin cells, deeply hydrates the face and helps over-exposed sun spots to fade.

Hot & Cold Sea Stone Facial, 1 ¾ hours 185.00

For a complete spa retreat, experience this anti-aging, rejuvenating facial treatment. Hot and cold sea stones are placed throughout the length of the body and are used to massage the facial area. Includes hand and foot treatment.

The Works - Ultimate Anti-aging Facial, 2 hours 185.00

Start with a customized facial for your skin type. Also includes manual dermabrasion for exfoliation. An ultrasound and eyezone treatment provides reduction in fine lines and moisturization. This facial will give you unbelievable results.

A La Carte

Individual Lash Application	25.00
Brow Tint	25.00
Lash Tint	35.00
Lash and Brow Tint Package	45.00
Eye Zone Treatment	30.00
Age Defying Eye Treatment with Collagen	35.00
Glycolic Treatment	55.00
Manual Dermabrasion	60.00
DiamondTome™ Microdermabrasion(medical grade)	130.00
DiamondTome™ 4 series package(medical grade)	460.00
Ultrasound Face Treatment, ½ hour	80.00+
Full Make Up Application	50.00+
Airbrush Make Up Application	85.00+
Permanent Makeup - upper <u>or</u> lower eyelid	250.00+
Permanent Makeup - upper <u>and</u> lower eyelid	400.00+
Permanent Makeup - eyebrows	400.00+
Permanent Makeup - lip liner	400.00+
Permanent Makeup - lip liner & lip fill	650.00+
Permanent Makeup Retouch	75.00+
Semi-Permanent Eyelash Extension Application	175.00
Semi-Permanent Eyelash Extension Touch up	75.00
*2-3 week touch up	
Semi-Permanent Eyelash Extension Touch up	125.00
*3+ weeks touch up	

Add on with Facial Treatment Services

Customization for Anti-aging, Lifting, Vitamin C, Collagen	+12.00
Corrective Ampoules of Herbs or Nurturance	+20.00
Eye Zone Treatment	+17.00
Age Defying Eye Treatment with Collagen	+25.00
Ultrasound Face Treatment	+30.00
Manual Dermabrasion	+35.00

+ - and up

Massages

Chair Massage, ¼ or ½ hour \$2.00 per minute/10 minute minimum

Reflexology, ½ hour 45.00

An ancient cousin to acupuncture, it involves pressure on “reflex areas” on the feet, ears, and hands. Pressure is applied to different areas that correspond to various organs and systems of the body. This produces an overall sense of calm and rejuvenation.

Deep Tissue Massage, ½, 1 or 1 ½ hours 45.00/80.00/105.00

A strong result massage helps to release tension, eliminate pain, and relax tight muscles. The pressure is firm throughout the time to facilitate the release of muscles and return to a balanced state.

Swedish Massage, ½, 1 or 1 ½ hours..... 45.00/80.00/105.00

This extremely relaxing massage relieves the stress and tension of your day. Using a combination of movements, this is a traditional relaxation massage. Inform your therapist of your preference for light to firm pressure.

Pregnancy Massage, 1 hour..... 80.00

A wonderful treatment for mother’s to be. This therapeutic massage focuses on the needs of the mother as her body goes through the dramatic changes of pregnancy. It relieves stress on weight bearing points, assists in maintaining proper posture, reduces swelling, and provides emotional support.

Aromatherapy Massage, 1 hour..... 80.00

A full body massage combines with essential oils to promote elimination of toxins, strengthen the immune system, and increase circulation. This helps to achieve a healthy balance of mind, spirit, and body.

Hot Stone Therapy Massage, 1 hour or 1 ½ hours 90.00/115.00

This is a deeply centering therapy using heated basalt rocks and soothing marble stones. A glowing massage transports you to an intensely calm, peaceful, and tranquil place. The warm stones soothe the nervous system, cleanse toxins, and gently balance your body energy.

Body Treatments

Wax – Hair Removal.....treatments start at 10.00
Heated wax is used for hair removal.

Lip or chin 10.00+
Eyebrow..... 20.00+
Underarm.....35.00+
Bikini45.00+
Brazilian Bikini65.00+
Full Face.....50.00+
Belly50.00+
Back.....80.00+
Both Lower Legs55.00+
Both Full Legs 110.00+

Eyebrow Design.....40.00+
Arm.....40.00+
French Bikini.....50.00+
Partial Back60.00+
Chest.....100.00+
Both Upper Legs65.00+

+ - and up

Air Brush Tanning.....treatments start at 40.00
Get that “I’ve just been to the Islands” tan safely and quickly. Color can be adjusted and repeated to your preference

Ear Candling, ½ hour 50.00
A gentle removal of wax buildup that regular cleaning can not remove. Believed to help in the prevention of sinus congestion, migraines, balance disorders, swimmers ear, and ear infections.

Salt Glow Treatment, ½ hour 65.00
A custom blend of sea salts and essential oils are worked into the skin to exfoliate and increase circulation. Re-mineralizes with magnesium, potassium, and vitamin E.

Seaweed Body Wrap, 1 hour..... 95.00
A relaxing body treatment utilizing the healing powers of the sea. Rich in trace elements, marine proteins, vitamins, and minerals, this treatment will revitalize the body.

Moor Mud Body Wrap, 1 hour 95.00
The Moor Mud is famous for its holistic health treatments and is used to overcome various inflammatory skin conditions. Moor Mud contains high concentrations of trace elements and minerals.

Body Contour Treatment, 1 ¼ hours or 4 week series 95.00/340.00
This treatment is designed to help contour the body by reducing the appearance of fatty deposits and excess water accumulation. The elimination of toxins helps to increase circulation to cellulite prone areas.

** A program requires 1 treatment per week for 4 consecutive weeks.*

Nail Services

Nail Repair with service	5.00+
Emergency Nail Repair	12.00+
Nail Art/Crystals	starts at 1.00-30.00+
Paraffin Dip (hands or feet)	17.00+
Polish Change (1 week)	20.00+
Fill (2 week maintenance)	35.00+
Overlay Acrylic or Wraps	60.00+
Temporary Tips	60.00+
Full Set of Wraps or Tips with Overlays	65.00+
Full Set of of Sculptured Nails	75.00+

**All Full sets require 2 week maintenance refills*

Basic Manicure..... 25.00+
Your hands are soaked in a warm bath, cuticles are attended to and the nails are shaped. Relax with a soothing hand massage and finish with perfect polish.

Aveda Oil Manicure..... 35.00
Our basic manicure with an exfoliation. Your hands are bathed in warm avocado oil to hydrate nails and cuticles. Great for those with dry skin.

The Spa Manicure..... 40.00+
Relax as your hands are bathed in soothing aromatic water and your nails are shaped. Cuticles are softened and attended to, nails are conditioned, and your skin is polished with smoothness. A warm paraffin dip is included. Exfoliating crystals with AHA's provide an excellent base before a relaxing massage. Finish with your favorite polish color.

Express Pedicure, ½ hour..... 30.00
Your feet are soaked in a bath of soothing sea salt, cuticles are attended to and the nails are shaped. Relax with a foot massage and finish with perfect polish.

Basic Pedicure..... 60.00+
Soothing sea salt softens calluses and rough skin. Nails are shaped and cuticles are attended to. Enjoy an exfoliation of the feet and legs before relaxing to a leg and foot massage. Finish your experience with a daring polish color.

The Spa Pedicure..... 80.00+
Indulge yourself and your feet with an aromatic eucalyptus and sea salt footbath. Your nails are shaped and cuticles attended to. Rough, dry skin and calluses are exfoliated with sea serum. A cucumber heel treatment and cooling gel locks in moisture. A rejuvenating foot and leg masque is applied using sea extracts, mineral clay, and botanicals. Relax with a soothing leg and foot massage. Leaves your legs feeling moisturized and cool for hours. Finish your indulgence with a decadent polish color.

Ask About Our Seasonal Spa Manicures and Pedicures

Hair Services

Buzz Cut	31.00+
Short Haircut	55.00+
Long Haircut	65.00+
Shampoo and Style	31.00+
Roller Set	33.00+
Curling Iron Set	38.00+
Updo	75.00+
Partial Permanent Wave (includes HC)	115.00+
Permanent Wave (includes HC)	125.00+
Partial Hair Relaxer (includes HC)	100.00+
Hair Relaxer (includes HC)	145.00+
Thermal-Ionic Straightening	400.00+
Color Balance	48.00+
Retouch	51.00+
Partial Highlights	65.00+
Single Process Color	56.00+
Highlighting with Cap	75.00+
Foil Highlights	135.00+
Double Process Color	110.00+
Corrective Color	175.00+
Color Conditioner	5.00
Scalp Treatment	45.00+
Haircut Consultation (applied to service)	50.00
Thermal-Ionic Straightening Consultation (applied to service)	50.00
Color Consultation (applied to service)	60.00+
Wig Consultation (applied to purchase)	100.00
Wig Shampoo and Style	32.00
Wig Cut	150.00
Men's Hair Replacement Consultation (applied to system)	50.00
Men's Hair Replacement Cut	100.00

+ - and up

**\$50.00 SERVICE CHARGE ON ANY RETURNED CHECK.*

**\$50.00 plus the service price for in home service.*

**\$1500.00 minimum plus travel charge for weddings done on location.*

**A 24 hour cancellation notice is required for all service appointments.*

**A 48 hour cancellation notice is required for wedding parties, group appointments, spa packages, or services requiring 3 or more hours. A guaranteed cash or credit card deposit is required to hold appointments. Total service fees will be charged for last minute cancellations or no-shows*